



# May 2015 Manchester High School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Tangerine Chicken Steamed Brown Rice Green Beans Choice of Fruit
4 Chicken Nuggets Steamed Zucchini Cheesy Rice & Broccoli Choice of Fruit	5 Buffalo Chicken Pizza Crispy Carrots with Ranch Dressing Steamed Carrots Choice of Fruit	6 Pasta & Meatballs Garden Salad Steamed Spinach Choice of Fruit	7 Baked Chicken Mashed Potato & Gravy Whole Wheat Dinner Roll Corn Choice of Fruit	8 BBQ Chicken Wrap Garbanzo Beans with Cheese Sauce Choice of Fruit
11 Corn Dog Nuggets Tomato Soup Glazed Sweet Potatoes Choice of Fruit	12 Teriyaki Chicken Brown Rice Cauliflower with Cheese Sauce Choice of Fruit	13 Soft Shell Taco Rice, Lettuce & Tomato Salsa & Sour Cream Shredded Cheese Refried Beans Choice of Fruit	14 Popcorn Chicken Mashed Potato & Gravy Whole Wheat Dinner Roll Corn Choice of Fruit	15 Soft Bread Sticks Meat Sauce Caesar Salad Shredded Cheese Steamed Spinach Choice of Fruit
18 Chicken Fajita Spicy Black Beans and Cheese Sauce, Rice Salsa & Sour Cream Shredded Cheese Choice of Fruit	19 Beef Burger, Cheeseburger, or Veggie Burger on a Whole Wheat Roll Corn Choice of Fruit	20 General Tso's Chicken Steamed Brown Rice Green Beans Choice of Fruit	21 Pasta & Meatballs Garden Salad Steamed Spinach Choice of Fruit	22 Buffalo Chicken Pizza Baby Carrots with Low Fat Dip Steamed Carrots Choice of Fruit
25 No School  <i>Memorial Day</i>	26 Baked Chicken Mashed Potato & Gravy Whole Wheat Dinner Roll Steamed Carrots Choice of Fruit	27 Cheese or Chicken Quesadilla Mexican Style Green Beans Choice of Fruit	28 Low Fat Mozzarella Sticks Marinara Sauce Whole Wheat Pasta Steamed Broccoli Choice of Fruit	29 Nacho Supreme Baked Tortilla Chips Taco Meat, Rice Mexican Black Beans Lettuce, Tomato, Salsa & Sour Cream Cheese Sauce Choice of Fruit

Menu subject to change

Please log onto [www.ezschoollpay.com](http://www.ezschoollpay.com) to monitor your child's account or call 860-647-3462

Student Lunch Price: \$2.35 – Reduced Lunch Price: \$.40

Adult Lunch Price: \$3.25

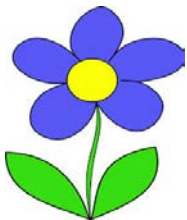
Student Breakfast: \$1.25 – Reduced Breakfast: \$.30

Milk Only: \$.50

Milk is available with all lunches

Daily Milk Choices include: 1%, Skim, Fat Free Chocolate, & Fat Free Strawberry

Fruit choices include a variety of fresh, canned, and 100% fruit juice.



**Manchester's Message  
for a healthier you.**

